

**Pulmonary
Fibrosis
Awareness
Month** SEPT 2025

Every
moment
counts



Lorraine and Allan, Aberdeenshire
Sister and brother both living with
pulmonary fibrosis (PF)

“ Receiving a terminal diagnosis
changes everything. We accepted
it with a determination to
make every remaining
moment count. ”

Join our campaign today

Every
breath
counts

Read Lorraine and
Allan's story, share
yours and donate to
help fund life-changing
pulmonary fibrosis
research and support.



everybreathcounts.co.uk

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REGULATOR**

Charity Commission England & Wales Registered Charity Number: 1152399
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**Action for
Pulmonary Fibrosis**

